# SHARED PARENTING AND JOINT CUSTODY IN INDIAN FAMILY LAW: A DOCTRINAL CRITIQUE OF LEGISLATIVE SILENCE AND JUDICIAL ACTIVISM

Dr. Surender Kumar, Assistant Professor, MDU-CPAS, Gurugram

#### **ABSTRACT**

The concept of shared parenting and joint custody is gaining global recognition as a child-centric approach to resolving parental disputes, yet Indian family law remains largely silent on these principles. This doctrinal research critically examines the legislative vacuum surrounding joint custody in India and analyses how the judiciary has stepped in to fill this gap through interpretative innovation and judicial activism. The study draws upon key statutory provisions, including the Guardians and Wards Act, 1890, and the Hindu Minority and Guardianship Act, 1956, as well as landmark judgments that have emphasised the paramountcy of the child's welfare. It also evaluates Law Commission recommendations, parliamentary debates, and comparative legal frameworks from jurisdictions such as the United Kingdom, the United States, and Australia to identify lessons for reform. The findings reveal that while courts have advanced progressive interpretations supporting shared parenting, the absence of codified standards leads to inconsistent outcomes, prolonged litigation, and a heavy reliance on judicial discretion. This paper argues for comprehensive legislative reform to formally recognise joint custody, integrate child psychology assessments, and establish uniform parenting plan frameworks. By bridging doctrinal analysis with policy recommendations, the study underscores the need for a structured, rights-based approach to custody that aligns with international norms while ensuring the best interests of the child in the Indian context.

## **INTRODUCTION**

# Contextual Background

Family law in India is rooted in a combination of personal laws, statutory frameworks, and constitutional principles, reflecting the country's cultural diversity and plural legal traditions. Historically, child custody disputes were resolved primarily through the lens of parental rights and religious customs, with little statutory emphasis on shared parenting models. Over time, societal transformations such as rising divorce rates, urbanisation, nuclear family structures, and greater gender equality have highlighted the need for a child-centric approach to custody arrangements. Internationally, shared parenting has emerged as a progressive norm, recognising a child's right to maintain meaningful relationships with both parents even after separation. However, India's statutory framework continues to rely largely on the Guardians and Wards Act, 1890, and Hindu Minority and Guardianship Act, 1956, which do not explicitly provide for joint custody or structured parenting plans, creating a gap between societal needs and legislative clarity.

#### Research Gap

While Indian courts have, over the past two decades, demonstrated judicial innovation by awarding joint custody or shared parenting in certain cases, this activism operates within a fragmented legal framework. There is no consolidated statute or uniform guideline that standardises custody decisions across personal laws or ensures predictability in judicial outcomes. Academic literature on child custody often focuses broadly on family law reform or gender equality, but few studies provide a comprehensive doctrinal critique of the legislative silence on joint custody and the judiciary's role in filling this gap. This absence of systematic scholarship creates an opportunity to evaluate whether judicial discretion alone is sufficient to safeguard the welfare of children or whether legislative intervention is essential.

## Research Question

This study seeks to address a central question: Can judicial activism alone create a consistent and rights-based framework for shared parenting and joint custody in India, or is statutory

codification necessary to ensure uniformity and child welfare?

Scope and Methodology

The research adopts a purely doctrinal methodology, relying on the analysis of statutory

provisions, leading case law, Law Commission reports, parliamentary debates, and

comparative legislative models from other jurisdictions. Unlike socio-legal or empirical

studies, this paper focuses exclusively on legal texts, judicial precedents, and doctrinal

interpretation, offering a structured evaluation of the current framework and identifying

avenues for reform.

Significance of the Study

A child custody regime that is predictable, rights-oriented, and sensitive to the evolving needs

of children is vital for a robust justice system. By focusing on the intersection of legislative

inertia and judicial creativity, this research aims to highlight both the strengths and risks of a

jurisprudence-driven model in such a sensitive domain. The study contributes to Indian family

law scholarship by bridging doctrinal theory with reform-oriented recommendations,

emphasising the need for clear statutory provisions to complement the judiciary's evolving

jurisprudence.

**CONCEPTUAL FRAMEWORK** 

Understanding Shared Parenting and Joint Custody

Shared parenting is a post-separation or post-divorce parenting model in which both parents

actively participate in the upbringing of their child, ensuring regular contact and equal decision

making authority. It differs from traditional custody models where one parent (usually the

mother) is granted sole custody, and the other is limited to visitation rights. Joint custody, as a

legal concept, encompasses two elements:

• Joint Legal Custody: Both parents share decision-making authority regarding the child's

education, healthcare, and overall welfare.

• Joint Physical Custody: The child spends substantial or equal time with both parents,

emphasising continuity of parental involvement.

While shared parenting has statutory backing in jurisdictions such as the UK and Australia, in India, these concepts are largely judge-driven, reflecting a judicial response to changing family dynamics rather than legislative intent

# The Doctrine of the Welfare of the Child

The "welfare of the child" principle is central to custody determinations in India. Rooted in the Guardians and Wards Act, 1890 (Section 17) and reinforced by constitutional interpretations under Article 21, it mandates that a child's physical, moral, and emotional well-being overrides parental rights or religious prescriptions. Indian courts have repeatedly declared that welfare is not limited to financial capacity but includes emotional security, education, and the stability of a nurturing environment. This doctrine provides the theoretical justification for exploring joint custody, as it prioritises the child's right to a balanced relationship with both parents.

#### Parens Patriae Jurisdiction

Parens patriae, a principle originating in equity law, gives courts the authority to act as the ultimate guardian of minors and persons incapable of protecting their interests. In Indian jurisprudence, this principle empowers High Courts and the Supreme Court to make custody decisions beyond statutory restrictions when necessary for the child's welfare. This discretion has been pivotal in allowing courts to experiment with shared parenting arrangements, demonstrating the judiciary's proactive role in the absence of express statutory guidance.

# Custody Versus Guardianship in Indian Law

Indian personal laws historically conflated guardianship with custody, often assigning fathers the role of natural guardians while mothers were considered custodians until the child reached a certain age. This dichotomy is visible in the Hindu Minority and Guardianship Act, 1956, and certain provisions of Muslim personal law. The distinction between guardianship (legal authority over the child's property and decisions) and custody (physical care) has been blurred, creating inconsistencies in judicial interpretation. A doctrinal study of these provisions demonstrates the inadequacy of existing statutes to accommodate modern shared parenting models.

# Sole Custody Models and Their Limitations

The prevalent approach in Indian law sole custody with visitation rights has been criticised for marginalising one parent's role, often resulting in prolonged litigation and emotional harm to the child. Sole custody arrangements fail to recognise a child's evolving needs for emotional stability, identity, and continuous engagement with both parents. These limitations provide the foundation for advocating statutory reform toward joint custody, grounded in child welfare and rights-based principles

#### LEGISLATIVE ANALYSIS: SILENCE AND FRAGMENTATION

# Guardians and Wards Act, 1890 (GWA)

The GWA is the cornerstone statute governing guardianship and custody across all religions in India where personal laws are silent. Enacted during the colonial era, its primary focus was on appointing guardians for minors and regulating property management, rather than emphasising holistic child welfare or parenting arrangements. Section 17 introduces the welfare principle, but the Act offers no explicit provision for joint custody or shared parenting models. Its language reflects a paternalistic and property-centric approach, emphasising the guardian's authority rather than the child's rights. Consequently, while courts rely on the GWA as a foundational framework, it does not provide a legislative roadmap for evolving custody norms.

#### Hindu Minority and Guardianship Act, 1956 (HMGA)

The HMGA supplements the GWA for Hindus, Jains, Buddhists, and Sikhs, identifying the father as the natural guardian (Section 6) while recognising the mother's role in specific circumstances. Although the welfare of the child is declared paramount in Section 13, the Act reinforces gendered presumptions by prioritising paternal guardianship, reflecting the patriarchal norms of its time. There is no mention of shared custody or parenting plans, which demonstrates a legislative gap in aligning with contemporary child rights jurisprudence or the realities of dual-income families. The absence of provisions on joint custody under the HMGA forces courts to rely on broad interpretative powers, contributing to inconsistency.

#### Custody under Muslim, Christian, and Parsi Personal Laws

Indian personal laws for religious minorities similarly lack codified recognition of joint

custody.

• Muslim Law: Custody (hizanat) is primarily viewed as a religious duty and a mother's right

for early childhood years, while guardianship of property remains with the father or male

relatives.

• Christian and Parsi Laws: The Indian Divorce Act, 1869, and the Parsi Marriage and

Divorce Act, 1936, provide courts discretion to decide custody based on welfare but remain

silent on joint parenting.

This diversity creates a patchwork system in which courts apply varying principles, often

relying on the GWA as a unifying statute, but without consistent statutory guidance on shared

parenting.

Absence of Codified Standards or Parenting Plans

Unlike many jurisdictions that provide clear parenting plan templates and statutory

presumptions for joint custody, Indian law is devoid of detailed procedural frameworks. There

are no statutory guidelines on:

• Equal parenting time schedules.

• Decision-making authority allocation.

• Conflict resolution mechanisms between separated parents.

This absence has led to a system where family courts exercise wide discretion, which may lead

to inconsistent outcomes depending on the bench, region, and interpretation.

Parliamentary Debates and Law Commission Reports

The 257th Report of the Law Commission of India (2015) highlighted the need to modernise

child custody laws and explicitly recommended introducing joint custody and shared parenting

provisions in the GWA. The report proposed a legislative model prioritising child welfare over

parental claims, emphasising that shared custody promotes emotional stability. However, these

recommendations have not been enacted, and parliamentary debates have largely avoided

substantive reforms in this area. The inertia reflects a legislative reluctance to confront family law modernisation comprehensively, often due to sensitivities surrounding personal laws and cultural diversity.

#### Fragmentation and Its Impact

The fragmented nature of Indian family law with overlapping statutes, religious personal laws, and outdated colonial provisions creates a vacuum in policy coherence. Courts are compelled to innovate, relying on constitutional principles, equity doctrines, and international conventions, but without codified statutory authority. This legislative silence has allowed judicial creativity to flourish, yet the absence of binding standards means parents and children face uncertainty, and litigation becomes protracted and adversarial.

#### **COMPARATIVE JURISPRUDENCE**

## The United Kingdom: Children Act 1989 and a Child-Centric Regime

The UK's Children Act 1989 marked a major reform in custody law, replacing the terms "custody" and "access" with "residence" and "contact" orders. The law prioritises the best interests of the child and encourages meaningful involvement of both parents. Courts in England and Wales are empowered to grant shared residence orders, enabling children to spend substantial time with both parents post-separation. The Act emphasises parental responsibility over parental rights, shifting focus to the child's welfare as the central principle. Judicial interpretation further reinforces this philosophy, often encouraging mediation and parenting plans before litigation. This statutory clarity reduces uncertainty and litigation, a stark contrast to India's discretionary model.

# United States: State-Level Presumptions of Joint Custody

In the United States, child custody law is state-driven, with many states establishing a legal presumption in favour of joint custody. States such as Kentucky and Arizona explicitly promote equal parenting time as a starting point, placing the burden on parents to prove why shared custody would not serve the child's welfare. This legislative model reflects an evolving consensus that children benefit from ongoing relationships with both parents. U.S. courts also enforce parenting plans, which detail schedules, decision-making powers, and dispute

resolution methods. The codification of these principles reduces judicial discretion while offering predictability for families. India could draw lessons from this approach, particularly regarding the formalisation of parenting plans and statutory presumptions favouring joint custody.

#### Australia: Family Law Act 1975 and Shared Parental Responsibility

Australia's Family Law Act 1975, particularly post its 2006 amendments, introduced the concept of equal shared parental responsibility. The law creates a rebuttable presumption that both parents should share decision-making rights unless there are concerns about safety or domestic violence. Courts are required to consider arrangements that allow children to spend equal or substantial time with both parents. While practical constraints sometimes limit perfect equality, this statutory framework encourages a collaborative approach to parenting after separation. Judicial reasoning in Australia demonstrates that codification of shared parenting principles can coexist with judicial flexibility to address unique family dynamics.

## Comparative Insights for India

Analysis of these jurisdictions highlights several lessons for India's family law system:

- Codified Presumptions: Both the U.S. and Australia provide clear statutory presumptions for joint custody, reducing the scope of inconsistent judicial decisions.
- **Terminology Shift**: The UK model demonstrates the importance of child-centred terminology, emphasising responsibility over control.
- **Parenting Plans**: Detailed statutory frameworks in Western jurisdictions formalise parenting schedules, reducing litigation and conflict.
- Child Welfare Assessment Tools: International practice shows the value of incorporating psychological evaluations and social worker reports as part of custody proceedings.

India's reliance on judicial activism without legislative clarity creates unpredictability and prolonged disputes. By studying these models, Indian lawmakers can design a framework that

blends statutory certainty with judicial flexibility, ensuring a rights-based approach to child custody.

#### CRITICAL DOCTRINAL ISSUES

# Constitutional Tensions Between Child Rights and Parental Rights

A key doctrinal issue in Indian custody law is the balancing of parental rights with a child's fundamental rights. While parents often approach custody litigation as an assertion of their legal entitlements, the Constitution emphasises the primacy of child welfare under Article 21. Courts have consistently held that the right to life includes a child's right to emotional security, education, and holistic development. Yet, statutory provisions such as Section 6 of the Hindu Minority and Guardianship Act, 1956, which prioritises the father as the natural guardian reflect outdated gender norms that conflict with these constitutional guarantees. The absence of explicit recognition of a child's autonomous rights in custody statutes limits the doctrinal clarity required to harmonise parental authority with the child's fundamental freedoms.

## Gender Neutrality and Custody Jurisprudence

Historically, custody decisions in India leaned toward maternal preference for younger children, rooted in societal stereotypes rather than evidence-based assessments. Although judicial reasoning has evolved to embrace gender-neutral custody principles, statutory provisions continue to imply a hierarchy between parents. This creates doctrinal ambiguity: while courts rely on the welfare doctrine to justify gender-neutral decisions, the statutes remain anchored in patriarchal assumptions. Without legislative reform explicitly codifying gender neutrality, judicial activism alone risks inconsistency across family courts, leaving outcomes dependent on individual judicial interpretation.

## Doctrinal Overlap Between Guardianship and Custody

Indian law's failure to clearly separate guardianship (legal authority over a child's person and property) from custody (physical care and upbringing) has created procedural and substantive confusion. The Guardians and Wards Act, 1890 conflates the two concepts, leading to litigation strategies where parents focus on guardianship claims rather than holistic child welfare. This doctrinal overlap prevents the development of structured custody orders, parenting schedules,

and decision-making mechanisms, which are well-defined in other jurisdictions. Clarity in statutory definitions is essential for effective shared parenting arrangements.

## Absence of Statutory Parenting Plan Frameworks

Although courts have increasingly encouraged parenting plans agreements that outline time-sharing, responsibilities, and dispute resolution these plans have no statutory enforceability. Parenting agreements often depend on voluntary compliance, and enforcement mechanisms are weak. Unlike jurisdictions such as the United States or Australia, where parenting plans are incorporated into court orders, India lacks legislative guidelines to standardise their content or ensure implementation. This results in discretionary rulings and inconsistent protections for children's interests.

#### Implementation Challenges and Institutional Gaps

The absence of dedicated family court infrastructure and multidisciplinary teams (child psychologists, social workers, counsellors) has undermined the effective application of welfare principles. Custody proceedings often become adversarial, with parents using litigation as leverage rather than prioritising child welfare. This gap underscores a broader doctrinal issue: Indian family law remains procedural rather than child-centric, and without institutional reforms, shared parenting will struggle to move beyond judicial experimentation.

## **Doctrinal Implications of International Obligations**

India is a signatory to the United Nations Convention on the Rights of the Child (UNCRC), which emphasises a child's right to maintain personal relationships with both parents. However, these international obligations have not been fully incorporated into domestic custody laws. Courts occasionally cite the UNCRC, but its principles lack statutory backing, creating a doctrinal disconnect between India's international commitments and its domestic legal framework. This inconsistency further highlights the urgency of codifying shared parenting norms.

#### **NEED FOR LEGISLATIVE REFORM**

#### Addressing Statutory Gaps and Outdated Provisions

India's custody framework is largely governed by colonial-era statutes like the Guardians and

Wards Act, 1890 and mid-20th-century laws such as the Hindu Minority and Guardianship Act, 1956, both of which fail to reflect contemporary understandings of child welfare, gender equality, or psychological well-being. These provisions were enacted in a socio-cultural context where fathers were presumed natural guardians, and mothers were primarily considered caregivers, leading to gendered and outdated assumptions. The absence of explicit recognition for shared parenting and joint custody perpetuates inconsistencies, leaving courts to develop ad hoc solutions without statutory guidance. Reform is necessary to modernise the law and align it with evolving family dynamics.

# Codification of Joint Custody Principles

A key legislative priority is to codify the doctrine of shared parenting as a statutory norm rather than an exceptional remedy. Legislation should provide:

- A presumption of joint legal custody, ensuring that both parents retain decision-making authority.
- Clear provisions for joint physical custody arrangements, emphasising that children should have frequent and continuing contact with both parents unless circumstances make it harmful or impractical.
- Guidelines for parenting schedules, visitation rights, and equitable responsibilities. This codification would create uniformity across family courts and provide clarity to litigants, reducing uncertainty in custody disputes.

## Integration of Law Commission Recommendations

The 257th Law Commission Report (2015) strongly advocated amendments to the Guardians and Wards Act, proposing joint custody and parenting plans as statutory requirements. Incorporating these recommendations would:

- Shift focus from adversarial litigation to collaborative parenting.
- Mandate that courts consider psychological assessments and child preferences when framing orders.

• Encourage parents to negotiate customised parenting plans approved by the court, ensuring enforceability.

Despite the comprehensive nature of this report, no legislative action has followed, reflecting a missed opportunity for reform.

#### Harmonisation Across Personal Laws

India's plural legal system further complicates custody matters. While Hindus, Christians, Parsis, and Muslims follow distinct personal laws, custody principles should be unified under a secular, child-centric statute applicable to all communities. Such harmonisation would uphold constitutional guarantees of equality (Article 14) and non-discrimination (Article 15) while respecting cultural diversity in marriage and divorce laws. A uniform custody code, independent of religion, would ensure that all children benefit equally from progressive parenting standards.

# Statutory Parenting Plan Frameworks

Legislation must introduce standardised parenting plan templates to guide courts and families in creating detailed custody arrangements. These plans should address:

- Parenting time distribution and holiday schedules.
- Education, health care, and extracurricular decision-making.
- Mechanisms for resolving conflicts between parents.
- Financial responsibilities and child support arrangements.

Codifying these details will shift custody disputes from litigation-driven battles to structured co-parenting strategies, reducing emotional trauma for children.

# Strengthening Family Courts and Multidisciplinary Support

For shared parenting to succeed, courts need statutory authority to involve child psychologists, counsellors, and social workers in custody evaluations. Amendments to the Family Courts Act,

1984 should empower courts to make evidence-based decisions informed by child development experts. Establishing specialised family divisions with trained judges would enhance procedural efficiency and sensitivity in custody hearings.

## **Incorporating International Norms**

India is a signatory to the United Nations Convention on the Rights of the Child (UNCRC), which emphasises a child's right to maintain relationships with both parents. However, these principles remain aspirational without statutory backing. Codifying joint custody norms would demonstrate India's commitment to international obligations, aligning domestic law with global best practices and reinforcing a rights-based approach to custody.

# Reducing Litigation and Promoting ADR

Statutory recognition of shared parenting must be paired with mandatory mediation and counselling before litigation. Legislation should require parents to attempt collaborative arrangements, reducing adversarial approaches and promoting cooperative parenting. Family court procedures should be simplified, time-bound, and child-friendly, ensuring that custody decisions prioritise stability over prolonged legal battles.

#### RECOMMENDATIONS

## Codify Shared Parenting as a Statutory Principle

Legislation must explicitly recognise shared parenting as the preferred model of custody, replacing the traditional sole custody framework. Introducing a rebuttable presumption in favour of joint legal and physical custody would ensure that courts prioritise the child's right to a relationship with both parents, unless compelling evidence (such as abuse or neglect) suggests otherwise.

## Create a Unified, Secular Custody Code

Custody laws under the Guardians and Wards Act, 1890, Hindu Minority and Guardianship Act, 1956, and other personal laws should be harmonised into a single, child-centric statute. This code should focus exclusively on the welfare of the child, avoiding religious biases or outdated presumptions, thereby ensuring uniform application of custody principles across

communities.

Standardise Parenting Plans and Schedules

A statutory mandate for parenting plans should be introduced, requiring parents to submit

structured arrangements detailing:

• Parenting time schedules, including holidays and vacations.

• Decision-making responsibilities in education, healthcare, and extracurricular activities.

• Financial obligations and child support mechanisms.

Courts should have authority to approve, modify, and enforce these plans, ensuring their

practical implementation.

Strengthen Family Courts and Multidisciplinary Support

Family courts must be restructured to function as child-focused institutions rather than

adversarial forums. This can be achieved by:

• Recruiting child psychologists, social workers, and counsellors to assist judges in custody

assessments.

• Providing specialised training for judges in child psychology and mediation.

• Establishing dedicated custody evaluation units to collect and analyse evidence in a time-

bound manner.

Incorporate ADR Mechanisms into Custody Proceedings

To minimise litigation, mediation should be made a mandatory first step in all custody cases.

Statutory amendments can create a pre-litigation mediation system supported by accredited

mediators and mental health professionals, encouraging cooperative parenting solutions and

reducing emotional trauma for children.

# Embed International Norms and Child Rights

India should formally integrate principles of the UN Convention on the Rights of the Child (UNCRC) into its custody laws. Explicit statutory language affirming a child's right to maintain personal relationships with both parents would align domestic law with international commitments and reinforce a rights-based approach to custody.

# **Enhance Enforcement Mechanisms**

Courts should be given statutory powers to ensure strict compliance with custody orders, including:

- Penalties for non-compliance or obstruction of parenting time.
- Swift modification procedures for orders in cases of changing circumstances.
- Use of supervised visitation in cases where safety concerns exist but parent-child relationships must be maintained.

## Encourage Public Awareness and Cultural Change

Legislative reform must be complemented by public sensitisation campaigns that educate parents about the importance of co-parenting and the harmful effects of adversarial custody battles. Collaborative parenting should be promoted as a cultural value alongside legal reform.

#### Periodic Review and Reform Mechanism

A statutory review board should be established to periodically assess the effectiveness of custody laws, incorporate feedback from family courts, and update frameworks in response to evolving family structures and child welfare research.

#### **CONCLUSION**

The analysis of Indian custody jurisprudence reveals a legal framework that remains heavily dependent on judicial interpretation rather than clear statutory direction. Although courts have admirably embraced the welfare doctrine, applied constitutional principles, and introduced

innovative concepts like parenting plans, their efforts are constrained by the absence of a comprehensive legislative framework. This reliance on judicial activism has created a patchwork system, resulting in inconsistent outcomes, lengthy litigation, and uncertainty for parents and children alike.

Comparative studies demonstrate that jurisdictions such as the UK, the US, and Australia have successfully codified shared parenting and joint custody principles, offering a blend of statutory clarity and judicial flexibility. India, by contrast, continues to rely on colonial-era laws like the Guardians and Wards Act, 1890, and mid-20th-century statutes that fail to reflect contemporary family structures, gender equality, or international obligations under instruments like the UNCRC.

This paper argues that meaningful reform is both urgent and achievable. Introducing uniform custody legislation with a presumption of shared parenting, enforceable parenting plans, multidisciplinary support, and robust enforcement mechanisms would help safeguard children's emotional well-being while reducing parental conflict. Such reform would also align India's family law framework with its constitutional commitment to equality, dignity, and child welfare.

Ultimately, shared parenting is not merely a legal innovation but a child-rights imperative. Legislative action, supported by judicial wisdom and social awareness, is essential to transform custody law from a parent-centred dispute resolution system into a child-centred model of coparenting. This shift would represent a decisive step toward a fair, predictable, and rights-based family law regime in India.

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